

**READ CAREFULLY- THIS AFFECTS YOUR LEGAL RIGHTS**

In exchange for participation in the activity of personal training, weight training, cardiovascular exercise, and general fitness organized by Wealth Center Through Wellness & Health ("Wealth Center"), of 100 West Main St., Stoystown, PA 15563 & 564 Central Ave, Johnstown, PA 15906 and/or us of property, facilities and services of Wealth Center, I agree to the following:

1. I agree to observe and obey all posted rules and warning, and further agree to follow any oral instructions or directions given by Wealth Center, or the employees, representatives or agents of Wealth Center.
2. I recognize that there are certain inherent risks associated with the above described activity and I assume full responsibility for personal injury to myself and further release and discharge Wealth Center for injury, loss or damage arising out of my use of or presence upon the facilities of Wealth Center, whether caused by fault of myself, Wealth Center or third party.
3. I agree to indemnify and defend Wealth Center against claims, causes of action, damages, judgments, cost of expenses, including attorney fees and other litigation costs, which may in any way arise from my use of or presence upon the facilities of Wealth Center.
4. I agree to pay for all damages to the facilities of Wealth Center caused by negligent, reckless, or willful action.
5. Any legal or equitable claim that may arise from participation in the above shall be resolved under Pennsylvania law.

**I HAVE READ THIS DOCUMENT AND UNDERSTAND IT. I FUTHER UNDERSTAND THAT BY SIGNING THIS RELEASE, I VOLUNTARILY SURRENDER CERTAIN RIGHTS.**

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Name: \_\_\_\_\_